



SPRIG and SPROUT

Pho and Viet Sandwich Shop

VEGETARIAN SUMMER ROLLS

Fresh Rice Paper Rolls with rice noodles, green leaf lettuce, bean sprouts, basil & sesame sautéed carrots and jicama. Served with house-made Peanut Sauce.

..... \$5.25

VEGETARIAN EGGROLLS*

Crispy rolls filled with cabbage, mushrooms, carrots, onions and tofu. Served with a lettuce wrap and Sweet Chili Sauce.

..... \$5.25

*EGGROLLS ARE NOT VEGAN

TOFU FRIES WITH SRIRACHA AIOLI*

A play on America's favorite side dish, our seasoned tofu is crinkle cut and deep fried in soybean oil. Served with our house-made Sriracha Aioli for an extra kick.

..... \$5.25

*VEGANS, PLEASE SUBSTITUTE SOY GINGER SAUCE

LEMONGRASS POPPERS

Our vegan poppers are made of tofu blended with toasted lemongrass, onions and garlic, then deep fried. Served with a sweet and snappy Soy Ginger Sauce

..... \$5.25

SIDES AND EXTRAS

Bean Curd Chips.....	\$3
Seafood Air Chips	\$1
Cup of Veggie Broth (8 oz)	\$3
Bowl of Veggie Broth (24 oz)	\$6
Side of Vermicelli or White Rice	\$3.25
Side of Plain Fried Rice	\$5.5

GOI SALADS

Our Goi are tossed with cucumbers, carrots and daikon, onions, basil, cilantro, then dressed with our Viet Citrus Vinaigrette and topped with fried onions and peanuts. Served with a side of Seafood Air Chips.

VEGANS:

***REQUEST NO SEAFOOD AIR CHIPS
 ***HOUSE DRESSING CONTAINS FISH SAUCE.
 PLEASE SUB SOY GINGER

Choose Your Size

Side

Entrée

Choose Your Base

VIET GOI - Crispy white cabbage.....\$6 / \$8.25

LOTUS GOI - Delicate lotus stems.....\$7 / \$10.5

TROPIC GOI - Sweet pineapple.....\$7 / \$10.5

Pump It Up

Add Fried Tofu or Seitan.....\$1.5 / \$3

BANH MI BASKET

.....\$8

***REQUEST NO SEAFOOD AIR CHIPS
 ***VEGANS, PLEASE ASK FOR NO AIOLI

Choose Your Filling

- Salt and Pepper Fried Tofu
- Lemongrass Fried Tofu
- Honey Hoisin Seitan
- Buddha's Medley
- Viet BBQ Seitan

Leave Anything Out?***

[All Banh Mi Come Topped With]

Aioli	Cucumbers
Pickled Carrots and Daikon	Onions
Jalapeños	Cilantro

Add Any Extras?

Double Or Additional Protein.....	\$3
Add A Cup Of Our Famous Veggie Pho Broth.....	\$3



PHO

THE ROOTS

Our 100% Veggie Broth is made with burdock root (renowned for its healing properties) and comes loaded with broccoli, cauliflower, carrots, daikon, bean curd sheets, white Tremella mushrooms and fried tofu.

..... \$11.25

OR BUILD YOUR OWN PHO BOWL

See regular menu for details

VIET BOWLS

All Bowls..... \$10.75

Choose Your Base

Vermicelli

Steamed Rice

*Fried Rice**

***VEGANS, PLEASE REQUEST NO EGGS**

*****RICE AND VERMICELLI ARE SERVED WITH SPRIG AND SPROUT SAUCE WHICH CONTAINS FISH SAUCE. PLEASE SUBSTITUTE PEANUT SAUCE OR SOY GINGER*****

Choose One

- Salt and Pepper Fried Tofu*
- Lemongrass Fried Tofu*
- Honey Hoisin Seitan*
- Mixed Vegetables*
- Buddha's Medley*
- Viet BBQ Seitan*

Make It Yours

Add \$1 each

*Broccoli
Bean Curd*

*Cauliflower
Mushrooms*

*Carrots
Extra Noodles*

*Daikon
Extra Noodles*

Add \$2

Pineapple

Add \$3

Extra Choice of Protein